

SOFITEL RABAT JARDIN DES ROSES
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So SPA Treatment rates

Rates depending on the time of your treatment

30 minutes	400 Dirhams
45 minutes	500 Dirhams
60 minutes	700 Dirhams
90 minutes	1000 Dirhams
120 minutes	1300 Dirhams

Gift Certificates

An elegant gift for any occasion. In just one hour
You can provide a full day of well-being.
So SPA team is at your disposal for more information.

Arrival at So SPA

We encourage you to arrive at So SPA 10 minutes prior to your scheduled treatment. You will be able to enjoy the relaxation areas
So Spa will provide you with dressing gown, towels and slippers. A secure locker is provided for your personal effects.

Treatments at So SPA

Reservations of 30, 45, 60, 90, 120 or more minutes have an effective treatment time of 20, 35, 50, 80, 110 or more minutes. Our massages are treatments of well-being and relaxation, non-therapeutic and non-medical.

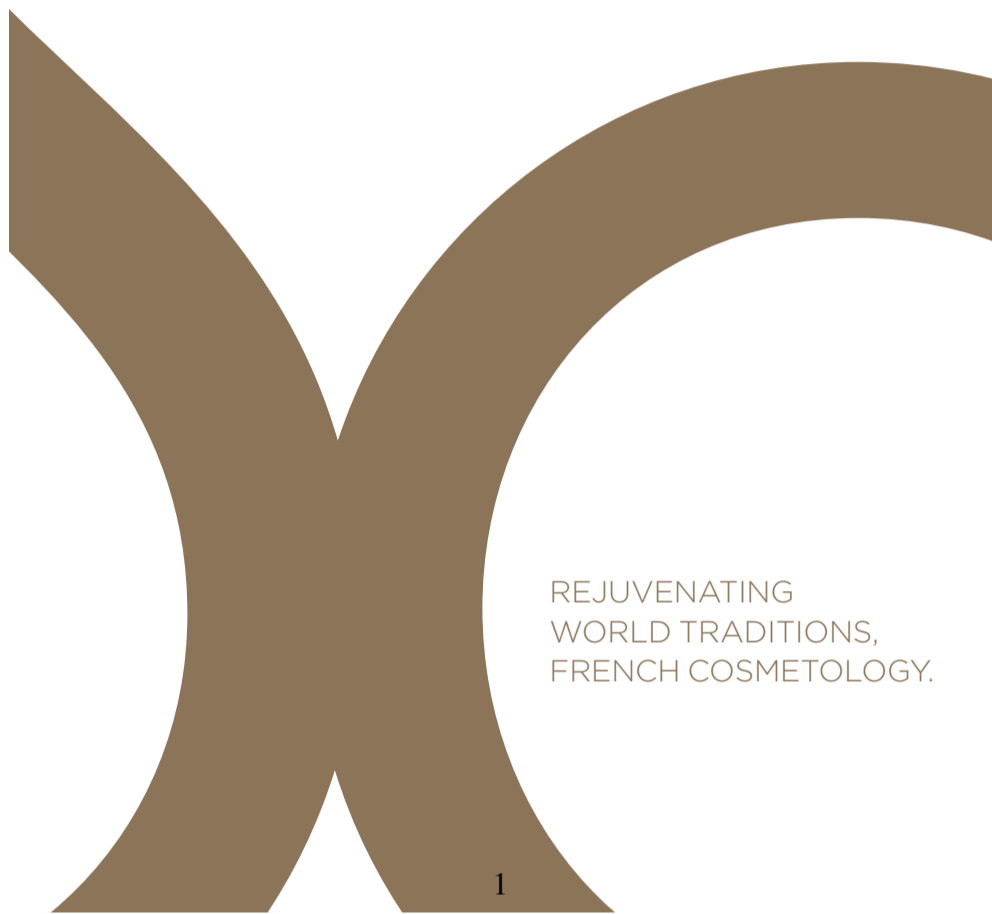
Reservation

Reservations made directly to So Spa are secured by signing a reservation card.
Reservations made by external clients directly to So SPA are secured by bank prints.
Changes in care and durations are possible, according to availability, without penalty.

Cancellation Policy

Cancellation is free of charge if made 24 hours before the reserved treatment., Hotel guests who have until 4 hours before treatment to cancel. After this time, full cost of treatment will be charged.

REJUVENATING
WORLD TRADITIONS,
FRENCH COSMETOLOGY.

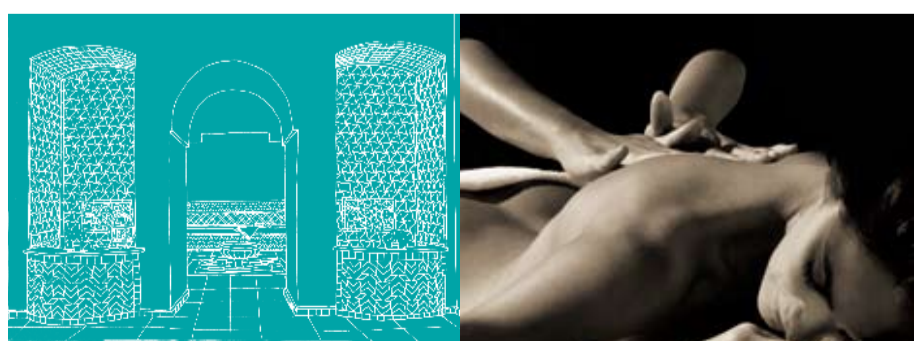


Ancient traditions from around the world meet the refinement and skill of the latest in French cosmetology to create So SPA: an exhilarating and rejuvenating experience.

Awaken your senses and feel re-energized. Explore a new kind of spa experience with a wide range of surprisingly poetic treatments. Discover the ingredients that enhance your natural glow. Make the stresses and strains of daily life fade away with our menu inspired by gastronomy.

Nestled in a luxuriant nature, the So SPA at the Sofitel Rabat Jardin des Roses invites you to serenity and relaxation. Discover 1300 m2 of refinement inspired by arab-andalalousian architecture . A unique place in Rabat. A moment of ultimate wellbeing to experience the traditional hammam or a large choice of massages and treatments in one of the 6 luxurious treatment rooms. The Cinq Mondes spa philosophy, mixes French refinement, and inspiration from the world's best health and beauty traditions. This combines with

Clarins, the European brand leader of upscale skin care and Maroc maroc, a range of luxury beauty care products that tell the story of sumptuous Morocco. Marisa BERENSON an icon of elegance and beauty, a brand dedicated to the use of prickly pear oil. Our four natural partners share a common philosophy: taste for elegance, welcoming and service.



So SPA welcomes you
from 9am to 9pm every day.

(F) Face

(B) Body

MENU SUGGESTIONS

Jardin des Roses Ritual

90min

An ode to the rose: immerse yourself in a delicious ceremonial rose bath while being pampered with a massage and edible rose treats.

Hamamm Ritual

90min / 120min

Traditional Hamamm treatment using the expert formulas of both Savon Noir Beldi® and Crème de Rassoul® Followed by oriental massage.

Gentlemen's Break

120min

Only for the brave, a tonic Hamamm experience combining spices and iced body frictions. Followed by a warm oil body massage.

Orange and Argan Supreme Hamamm Ritual

90 min

Complete Hamamm care, black soap scrub, and mask scrub using honey amber and «grains of light» almond Milk Scalp Massage

Followed by an orange-infused massage

Honey and Argan Luxury Hamamm Ritual

120 min

Hamamm treatment: black soap scrub, honey amber scrub mask Followed by a ceremonial face and body massage.

So SPA Your Way

Privatization available of the entire space or steam, patio, Jacuzzis and saunas .

We suggestions this service for special moments or To share with friends as part of a wedding ritual .

Contact us for a personalized experience.

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DESERTS

30, 60 minutes

Rose Gourmandise & Manicure

30 min

Enjoy rose gourmandises while you indulge in a full manicure.

Light Feet or Angel Hands

60 min

A complete treatment to refresh and pamper your hands and feet Scrub, nourishing mask, and massage using an array of Hydrating and exfoliating products.

SPECIALS

Morning Fit & Go with SoFit

30 min

For athletes and early risers, a fitness coaching session followed by invigorating massage.

Relax After Golf

60 min

Detox massage and precision circulation to Energize the legs and restore lightness and vitality.

Express Treatments

30, 45 min

Destress Express

30min

A relaxing pause from daily activities and stress.

Ritual Floral Treatment

45 min

A purifying and radiant treatment combining massage of The face, neck, and scalp A ceremonial cleansing of the skin to promote wellbeing and beauty.

New Radiance Objective

30 min

Radiance treatment to create a healthy glow in record time.

New Energy Objective

45 min

Rejuvenating body treatment to eliminate signs of fatigue and muscle tension.

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À LA CARTE

STARTERS

30, 45 minutes

Hamamm or Sauna

Duration according to personal preference Traditional Moroccan steam bath or dry heat bath Relaxing and purifying for a deep, intense relaxation.

Black Soap Body Scrub

30 min

Black soap and Kassa glove scrub, A Maghrebian ritual meant to both purify and cleanse.

Puréé Papaya Soft Body Scrub

30 min

A gentle exfoliation, nourishing the body with papain and Vitamin E to gently cleanse and purify your skin.

Aromatic Spice Scrub

30 min

Hand harvested sea salt and natural spice scrub, Illuminates the skin and energizes the body.

Provencal Salt Body Scrub

45 min

A gentle exfoliation composed 100% of natural ingredients: Camargue salts and lavender flowers.

Purifying White Mud Wrap

30 min

Essential mint oil scrub Leaves the skin healthy and glowing.

Green Clay Body Wrap

30 min

Detox wrap of essential juniper oils to lighten and refine the silhouette.

Aromatic Floral Bath

30 min

Ceremonial bath composed of orange peel, rose, eucalyptus, and cinnamon.

SIGNATURE CARE

60 min

So Exhilarating Body Massage ⓑ

60 min

A surprisingly sensory journey dedicated to the body, giving a sense of floating. This uplifting massage revives and awakens the body's senses.

So Rejuvenating Facial Treatment ⓕ

60min

Using the most advanced technology from French beauty care, our facial uses techniques of drainage, reflexology, and a gourmet touch for an immediate lifting effect.

Imperial Thai feet ⓑ

60 min

An incredibly relaxing massage of the lower legs and feet involving hands-on-stretching and a traditional Thai wooden stick to « open » the energy lines. The immediate effect is to release and « let go » to experiencing a deep and surprising sensation of wellness.

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ESSENTIALS

60, 90 minutes

Revitalized Classics

Personalized Facial Treatments ⓕ

60min

A 100% vegetal treatment using the most effective technology From France. Following personalized diagnostic, we adjust to the needs of your skin:

Hydrating, anti-ageing, radiance, and purifying results. Available both in versions for both men and women.

Personalized Body Treatments ⓑ

60min

A 100% vegetal treatment using high precision technology. French expertise for a perfect silhouette:

slimming, moisturizing, and toning results.

Thirst for relaxation ⓑ

60min

Deeply relaxing massage Basil, chamomile and petitgrain base

Thirst for energy ⓑ

60 min

Invigorating and energizing massage using Mint and rosewood base

Personalized Massage ⓑ

60 min / 90 min

Depending on your needs: deeply relaxing massage or invigorating and energizing massage using precious Moroccan oils.

World Inspirations

Japanese Ko Bi Do ⓕ

60 min / 90min

Complete anti-wrinkle care paired with the precision of Chinese pharmacopoeia. stimulates energy circulation and invigorates the muscles of the face and neckline for a natural facelift.

Oriental Tradition ⓑ

60 min

Enjoy a relaxing massage with warm sumptuous oils, using ancient, traditional methods from the Maghreb region of North Africa.

Ethnic Fusion ⓑ

90 min

A fusion massage that incorporates the best techniques from around the world to create a surprising and sensorial experience.

Ayurvedic Chic ⓑ

60 min

Old Indian massage method using hot oil to tone muscle, loosen tension zones, and restore energy and vitality.

Balinese Please ⓑ

60 min

Very relaxing, ritualistic massage from Bali combining gentle stretching and traditional Thai lifting techniques.

Sublime Anti-aging ⓕ ⓑ Care

90/120 min

Complex anti-aging treatment, entirely using the natural oils of prickly pear, a genuine beauty elixir with the exceptional ability to regenerate the skin

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