



Spa **NINE**  
DEGREES

SPA MENU

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The Spa at Fairmont Ajman  
by NINE Degrees



When you have completed  
95% of your journey, you  
are only halfway there...



## NINE Degrees Spa

NINE Degrees Spa is an enchanting journey of wellness throughout several Middle Eastern regions, absorbing the cultures, traditional methods and healing remedies along the way.

Throughout the Orient region many medicinal skills and recipes have been handed down from one generation to the next. Most of them were derived from the Father of Modern Medicine, Abu Ali Ibn Sina, who is rated one of the most gifted scholars in the history of medicine. We wish to preserve these ancient healing therapies, within our NINE Degrees Signature Treatments.

The NINE Degrees treatments and spa rituals have been carefully chosen and developed to provide the upmost relaxation and therapeutic value. A wonderful collection of ancient health and beauty practices that have been passed down from generation to generation, carefully selected and combined with modern technologies to develop a rare collection of signature treatments, unique rituals and wellness concepts.



# SIGNATURE JOURNEYS

### NINE Degrees Signature Experience

Duration: 80 minutes | AED 595

Combine a 50-minute massage of your choice with our NINE Degrees Signature Desert Sand Polish to achieve a higher state of relaxation and pampering.

### NINE Degrees Essential Face

Duration: 80 minutes | AED 695

NINE Degrees Signature Facial and Age Defying Eye and Lip Treatment.

### NINE Degrees Signature Oriental Journey

Duration: 3 hours | AED 995

A 3-hour spa package for you to enjoy alone or with friends.

- O2 Awakening Facial
- NINE Degrees Signature Massage
- Bamboo Polish
- Spa Lunch

### NINE Degrees Spa Indulgence

Duration: 6 hours | AED 2,575

A full day of pure spa indulgence.

- Age Defying Eye and Lip Treatment
- NINE Degrees Signature Massage
- NINE Degrees Signature Diamond Rose Body Experience
- NINE Degrees Signature Facial
- Hammam 120 minutes
- Spa Lunch

Engagement Parties, Pre and Post Wedding Day packages for the Bride and Groom are available to ensure you are ready for your new life ahead. We provide you with free consultation to help you tailor your exciting & celebrative day.

- Bride to Be: Pre-wedding package - Price available on consultation
- Here Comes the Bride: Wedding Day Package - Price available on consultation



## BATHHOUSE HAMMAM EXPERIENCES

The Hammam originates from the days of the Roman Empire where there was a high value on washing to cleanse themselves. The importance of cleanliness saw the development of these bathhouses and was quickly adopted into Arabic culture. Our traditional Hammam experiences blend techniques from all over the world to create the ultimate in offerings to our discerning clientele. Traditional Middle Eastern Hammam involves steam and high temperatures where the bather will first be introduced to heat and progress onto different chambers with varying temperatures. The body is soaped and dead skin is removed using specific tools traditional to the culture of Hammam. Cleansing is thorough before emerging renewed. Time spent in the Tepidarium is essential to bring the body back to core temperature gradually.

**Hammam**      [Duration: 60 minutes | AED 495](#)

**Hammam**      [Duration: 90 minutes | AED 750](#)

**Hammam**      [Duration: 120 minutes | AED 995](#)

**Sunset Hammam**      [Duration: 90 minutes | AED 795](#)

A unique experience and rare opportunity to watch the sun set over the Arabian Sea. Time is spent in our Tepidarium to gradually bring about a balance in body temperature before receiving a series of yoga inspired stretches increasing flexibility and opening up energy channels to enhance positive mindfulness.



## FACE

### NINE Degrees Signature Facial

Duration: 80 minutes | AED 655

A deep cleansing facial that includes an innovative enzymatic detox and steam to open and purify pores as well as a meticulous extraction process, revealing extraordinarily soft and radiant skin.

### O2 Awakening Facial

Duration: 55 minutes | AED 495

Awaken your skin with the revitalizing energy of pure oxygen to decongest, brighten and clarify a dull complexion. Perfect for the frequent traveler and city dwellers whose skin suffers from every day stress.

### Citrus Essence Facial

Duration: 55 minutes | AED 495

Drench your skin with the antioxidant power of Vitamin C. This nutrient rich treatment engages the senses as well as stimulating collagen, reducing inflammation and being intensely hydrating.

### Executive Grooming

Duration: 80 minutes | AED655

A luxurious men's oxygen therapy treatment for the face and back that detoxifies and hydrates targeted areas while relaxing and providing a complete sense of well-being. Perfect for the discerning gentlemen.

## FACE ESSENTIALS

### Repairing Express Facial

Duration: 20 minutes | AED 295

A quick fix treatment for a glow on the go. Using a combination of 5 fruit acids, this triple exfoliating treatment will produce visible results in minutes.

### Age Defying Eye & Lip Treatment

Duration: 20 minutes | AED 220

Infuse your skin with all the benefits of marine algae relieving puffiness and dehydration around the eye contour area with draining, nourishing and decongesting ingredients.

### Facial Acupressure Massage

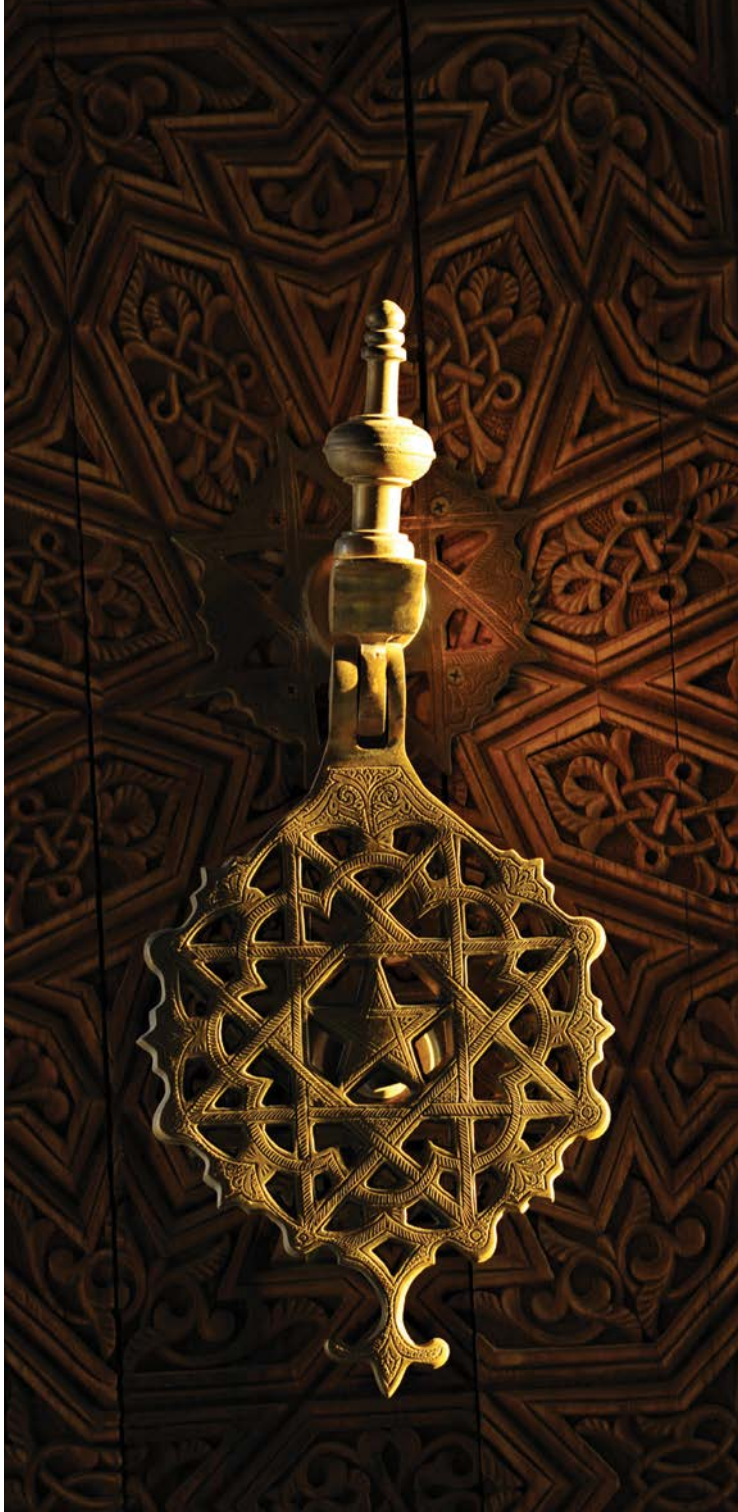
Duration: 25 minutes | AED 195

Release facial tension that can accumulate through increased levels of stress. Our therapists balance energy levels through a specific pressure point massage.

### Rejuvenating Eye Mask

Duration: 20 minutes | AED 195

A firming, hydrating and cooling eye mask giving instant effective results. Can be incorporated into any treatment to relieve tired eyes and decrease wrinkle depth.



## BODY

### NINE Degrees Signature Diamond Rose Body Experience

Duration: 50/80 minutes | AED 495/595

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with the exquisite Absolute Damask Rose oil that will transport you to a complete state of relaxation and well-being.

## BODY ESSENTIALS

### NINE Degrees Signature Desert Sand Polish

Duration: 40 minutes | AED 345

Immerse yourself in the highest concentration of pure Argan Oil through this powerful exfoliating treatment ideal for dehydrated skin leaving it with a smooth and silky appearance.

### Citrus Exfoliation

Duration: 25 minutes | AED 275

This sensory treatment polishes skin with its highly effective and exfoliating agents. Feel the citric energy that eliminates dead skin cells and reveals extraordinarily radiant and protected skin.

### Bamboo Polish

Duration: 25 minutes | AED 275

Exfoliate your body and pamper your senses with a treatment based on bamboo microfibers that smooth and re-mineralize the skin. Emerge with renewed vitality as well as firmer and intensely hydrated skin.

### Rejuvenating Foot Massage

Duration: 25 minutes | AED 195

Give your legs and feet a treat. Soothe them with an intensive foot massage focusing on feet and lower legs. A way to stimulate blood flow, balance energy levels, and relieve tired, aching feet.

### Anti-Stress Back & Shoulder Massage

Duration: 25 minutes | AED 195

A stress-busting massage to ease aches and pains in back, neck and shoulders. Perfect for frequent travellers or for those that sit at a desk all day.

## MASSAGES

### NINE Degrees Signature Massage

Duration: 50/80 minutes | AED 395/535

A sublime massage using our hand blended signature oil designed to stimulate the senses and alleviate muscle tension whilst soothing aches and pains.

### Inner Healer Massage

Duration: 50/80 minutes | AED 395/535

This deeply soothing massage includes relaxing effleurage strokes with elements of lymphatic drainage and acupressure to rebalance and clear blocked meridians in the body.

### Warmed Spice Deep Tissue Massage

Duration: 80 minutes | AED 535

A deeply intensive massage that alleviates muscle restrictions, improving posture and flexibility. Traditional warmed khemoussa compresses containing Timija, Nana and Salmia mint leaves from Morocco combined with stimulating Amber and Musk oil warms the muscles reducing aches, pains and inflammation.

### Balancing Bespoke Massage

Duration: 50/80 minutes | AED 395/535

A unique massage journey tailored just for you. Your therapist will work with you to select the massage treatment that is best suited to your needs and preferences.

### Nurture Pregnancy Massage

Duration: 50 minutes | AED 395

Rest as your body is soothed and your skin is pampered. A full body massage designed to answer the developing needs of mother and baby. Ease those aches, pains and that "heavy" feeling especially in the back, neck, shoulders and lower legs with massage techniques specially adapted for pregnant ladies.

### Oriental Essence

Duration: 50/80 minutes | AED 395/535

The dry massage uses deep stretching movements with firm acupressure techniques to improve circulation and increase flexibility.

# SPA ETIQUETTE

## Arrival

To ensure your time with us is as pleasurable and seamless as possible, we ask you to arrive at NINE Degrees Spa a minimum of 30 minutes ahead of your scheduled time. This will allow you to shower and enjoy the therapeutic benefits of our steam and sauna facilities before your treatment.

## Late Arrival

While we will always try to accommodate your treatments, a late arrival may mean a reduction in your treatment time due to prior bookings.

## Consultation

On arrival at the Spa, you will be greeted by our spa receptionists who will guide you through your consultation prior to your spa treatment to ensure all of your needs are met during your spa visit.

## Spa Ambiance

Mobile phones, while a necessary part of modern living are not permitted in any of our treatment rooms or relaxation lounges. In all other areas, please be considerate of other guests and switch them to silent or meeting mode.

## Age

To ensure a peaceful and tranquil ambiance in the spa, children under 16 years old are not allowed.

## Spa Attire

We provide disposable underwear for your privacy and our therapists will advise you on their usage. They should be worn during water-based treatments and massage treatments – our therapists are fully trained to drape you to protect your privacy at all times.

## Benefits & Aftercare

Please remember to drink fluids, especially water during and after your time at the Spa. If you have enjoyed a massage we suggest you leave the oils on your skin for the rest of that day to get the best benefits before taking a shower as the oils do carry on working for up to 8 hours. Please ask your therapist for further clarification.

## Medical Conditions

If you are pregnant or have any other condition that you feel we should be aware of, please inform our spa reception and your therapist – thank you.

## Spa Comfort

Our therapists are fully trained to ensure your treatments are some of the best you will experience. However, please inform them at any time if you are uncomfortable or require any adjustment in massage pressure or room temperature.

## Valuables

The Spa is not responsible for damage or loss of your personal belongings. We recommend that you leave valuables in your room's safety deposit box, or at home.

## Special Occasions

We do hope that you enjoy your NINE Degrees Spa experience. Should you have any special requests, please don't hesitate to let us know upon your arrival/booking.

## Operational Hours

The Spa is open from 10am – 10pm every day

## Appointments and Reservations

We highly recommend you book your treatment in advance to secure your preferred day and time. This can be done in person, or over the telephone from within your room. Any change to a scheduled treatment booking time requires a minimum of 3 hours advance notice.

## Cancellation Policy

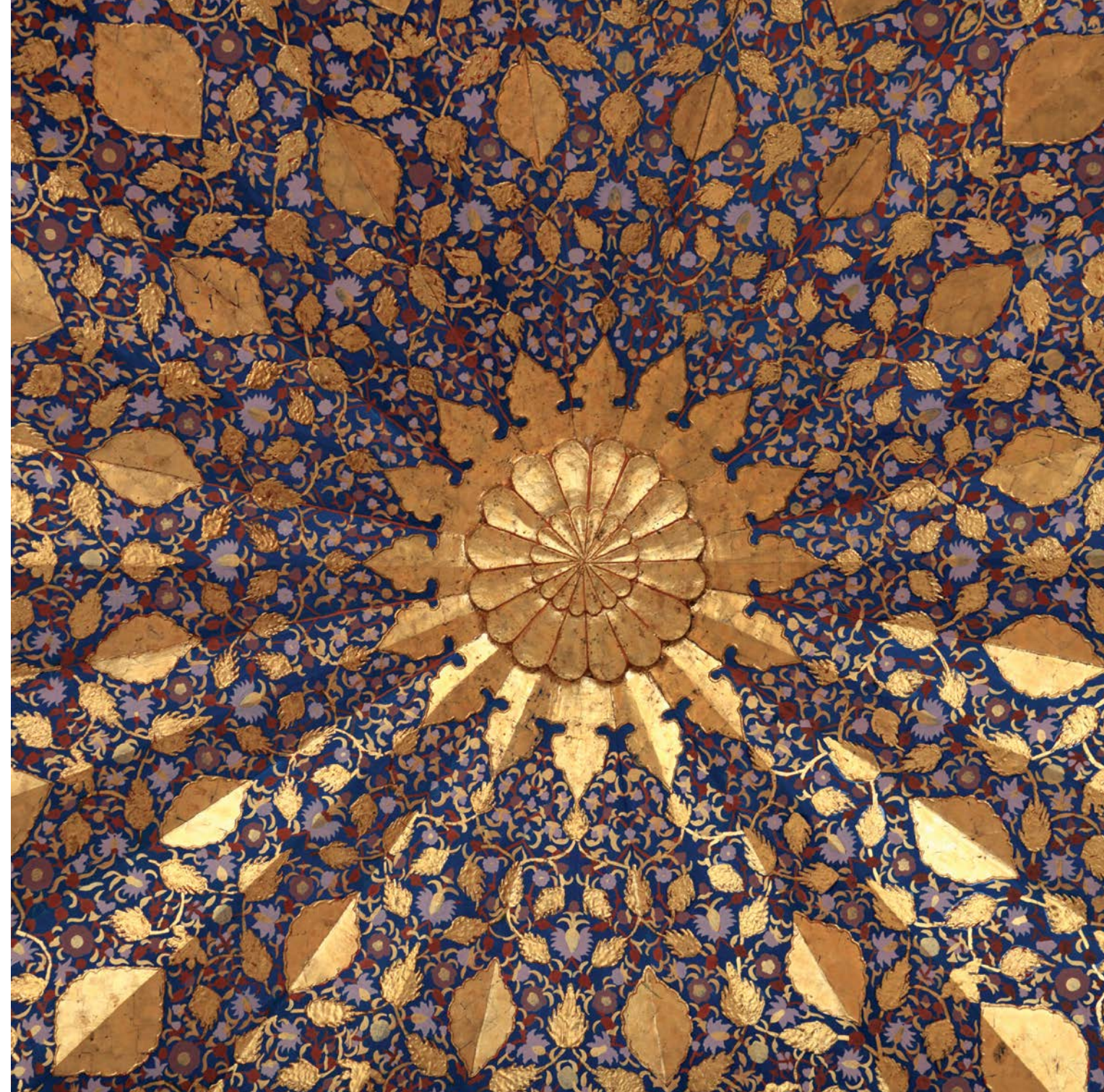
Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 12 hours in advance. If less than 12 hours, 50% of the full treatment fee will be levied. In case of a no-show, the full treatment fee will be levied. (Applicable when the reserved time slot is not filled.) All packages and products are non-refundable.

## Gift Vouchers

The perfect gift for all occasions. Gift vouchers are available for any of our treatments and packages. The vouchers can also be set to any face value redeemable as part-payment for any spa services.

## Group Reservations

Please contact the Spa Management for groups of over 5 people. We offer a range of packages to suit all requirements. For all enquiries, call the Spa Reception.





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Fairmont Ajman, Sheikh Humaid Bin Rashid  
Al Nuaimi Street, PO Box 8808, Ajman, UAE  
Schedule your appointment today!

Call +971 (0) 6 701 5546

[www.ninedegreesspa.com](http://www.ninedegreesspa.com)

  NINE Degrees Spa

[reception.fa@ninedegreesspa.com](mailto:reception.fa@ninedegreesspa.com)